

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Glenfield's Silver Menu Autumn 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Pork Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Chicken & Tomato Pasta Bake	MSC Fishfingers with Chips
<b>2<sup>nd</sup> Sept</b> <b>23<sup>rd</sup> Sept</b> <b>14<sup>th</sup> Oct</b> <b>11<sup>th</sup> Nov</b> <b>2<sup>nd</sup> Dec</b>	<b>Vegetarian</b>	Vegetarian Sausage in a Hot Dog Roll with Potato Wedges Sweetcorn Coleslaw	Five Bean Chilli with Rice  Green Beans Carrots Pasta	Vegetarian Loaf with Roast Potatoes and Gravy  Cauliflower Broccoli Jacket Potato	Vegetarian Cottage Pie with Gravy  Roasted Mixed Vegetables  Pasta	Cheese and Onion Quiche with Chips  Baked Beans Peas Jacket Potato
	<b>3<sup>rd</sup> Option</b>	Jacket Potato				
	<b>Dessert</b>	Orange Drizzle Cake	Carrot and Courgette Cake with Custard	Oaty Cookie	Apple Crumble with Custard	Ice Cream Fruit and Yoghurt Station
<b>Week 2</b>	<b>Main</b>	Cheese and Tomato Pizza with New Potatoes	Cottage Pie with Gravy	Roast Pork with Roasted New Potatoes and Gravy	Chicken Casserole with Rice	MSC Breaded Fish with Chips
<b>9<sup>th</sup> Sept</b> <b>30<sup>th</sup> Sept</b> <b>21<sup>st</sup> Oct</b> <b>18<sup>th</sup> Nov</b> <b>9<sup>th</sup> Dec</b>	<b>Vegetarian</b>	Vegetable Casserole with Couscous Peppers Green Beans	Vegetarian Spaghetti Bolognese Peas Cauliflower Pasta	Vegetarian Fillet with Roasted New Potatoes and Gravy Cabbage Carrots Jacket Potato	Lentil and Sweet Potato Curry with Rice Sweetcorn Baked Tomatoes Pasta	Red Pepper and Cheese Omelette Baked Beans Peas Jacket Potato
	<b>3<sup>rd</sup> Option</b>	Jacket Potato				
	<b>Dessert</b>	Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Eves Pudding with Custard	Lemon Drizzle Cake Fruit and Yoghurt Station
<b>Week 3</b>	<b>Main</b>	Spaghetti Bolognese	Chicken, Lentil and Gravy Pie with Mashed Potato Topping	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter with Chips
<b>16<sup>th</sup> Sept</b> <b>7<sup>th</sup> Oct</b> <b>4<sup>th</sup> Nov</b> <b>25<sup>th</sup> Nov</b> <b>16<sup>th</sup> Dec</b>	<b>Vegetarian</b>	Veggie Burger with New Potatoes Peas Carrots	Creamy Vegetable Pie with Mashed Potato and Gravy Sweetcorn Broccoli Pasta	Vegetarian Wellington with Roast Potatoes and Gravy Fresh Mixed Seasonal Vegetables Jacket Potato	Roasted Cauliflower Curry with Rice Tomato and Onion Salad Green Beans Pasta	Vegetable Wholemeal Pasta Bake Baked Beans Peas Jacket Potato
	<b>3<sup>rd</sup> Option</b>	Jacket Potato				
	<b>Dessert</b>	Banana Loaf with Custard	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge with Chocolate Sauce	Iced Sponge Fruit and Yoghurt Station



Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily