

Year R PSHE Home Learning - The Colour Monster by Anna Llenas

We realise that at this time your child is dealing with a mixture of emotions that they perhaps have never experienced before.

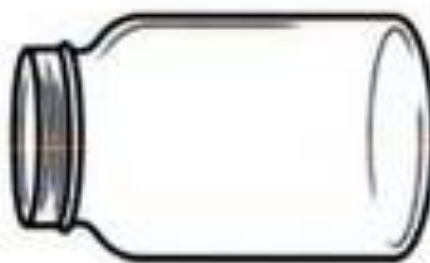
This book explores 'colours and feelings in a gentle way'.

Watch the story being read here: <https://youtu.be/Ih0iu80u04Y> and then have a go at completing some of the activities below - don't forget we always love to see photos of what you have been doing!

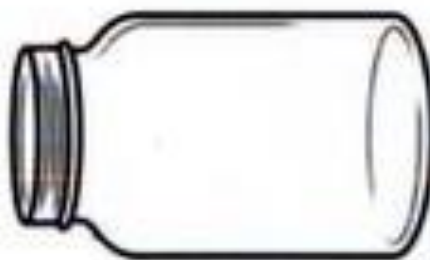
<u>Talk about</u>	<u>Get Creative</u>	<u>Spread some joy</u>
At the start of the story, the Colour Monster is feeling confused. When have you felt confused? What did you do in this situation? What can you do if you feel confused in future?	Fill in the Colour Monster to show how you're feeling today. You could colour with pens or pencils, paint, collage materials or draw patterns - anyway you like! See below for the Colour Monster outline.	Make a paper chain of monsters. Decorate them with bright colours and funny faces. Hang them in your window for other people to see and make them smile.
What colour(s) would you be today, if you were the Colour Monster? Why? How are you feeling?	The little girl puts the Colour Monster's feelings into jars. Either using real jars and slips of paper, or the jars outline below, fill the jars with images of things that make you feel that way. Which jar will be the fullest?	Design a 'hug' monster - what colour(s) will it be? Create your monster then send a picture of it with the message 'sending you a hug' to someone who you want to give a hug to!

The Colour Monster

Help me to put each
coloured emotion in a jar.
Which colour will you
put in the last jar?



ANGER



SADNESS



CALM



HAPPINESS



FEAR

