

Curriculum Intent

Subject: PE

Intent

The PE curriculum at Glenfield aims to give children the opportunity to succeed and excel in competitive sport and other physically demanding activities. Our curriculum is inclusive and allows children to take part in a range of different physical activities that lead children to become physically active. Our PE ethos supports children to develop these skills independently, in small groups and in teams where they apply skills taught to achieve high levels of performance. Throughout PE at Glenfield, children will develop their physical literacy, learn about themselves as individuals and the importance of maintaining a healthy lifestyle.

Implementation

At Glenfield, we provide a PE curriculum which has a clear progression as you move through the school; this ensures that there is adequate depth to each sport. Our curriculum follows and ensures that all aspects of the KS1 National Curriculum (2014) are taught and developed throughout their time at Glenfield.

Each week, KS1 children are allocated two formal teacher led PE sessions. As well as this, there are many other additional opportunities to become physically active throughout the day, for example, using the individual playground boxes allocated to each class. The EYFS has one formal PE session a week alongside the physical environment, focusing on fundamental movement.

Children are taught the key skills in a range of sports and these are continuously developed throughout their time at Glenfield. They are taught how to move safely and how to handle and use sport specific equipment. Within lessons, there is an emphasis on pupils achieving their personal best and building resilience; this is celebrated weekly with our '*Sports star of the week*' in each class. Children are taught the rules to games and how to play them fairly, promoting a sense of teamwork, friendship and respect. There is a wide range of equipment available to the children during break and lunch times, children are encouraged to use the equipment, where they can develop key skills taught and share expertise with their peers.

Impact

The impact of our PE curriculum at Glenfield is closely monitored and adapted to fit the needs of all learners. Children are assessed at their starting point and end point in each unit, as well as assessment videos of five focus children which shows a clear progression of skills. Throughout the children's time at Glenfield the children will learn new skills, develop a love of sport and grow in confidence. The children will understand the importance of maintaining healthy lifestyle and how physical exercise affects body and therefore developing a lifelong love of sport.